

December 5, 2011

Dear Sunbird Yogis & Yoginis, after much deliberation and contemplation I have come to the difficult decision to close Sunbird Yoga Studio at the June Street location. We will continue to run the regular schedule until December 30, 2011 with a few limitations due to the approaching holiday season.

We are all very GRATEFUL for the Sunbird Yoga community and humbled by the support, kindness and commitment offered by each of you over the past four years. Many of you began your journey at Sunbird Yoga Studio **and we are hopeful that you will continue your practice along with us**, whether together or apart.

Personally **I will continue teaching yoga and meditation** in Worcester and the surrounding areas as Sunbird Yoga sans the Studio. Part of this transition comes from the desire to offer **private and small group yoga/meditation sessions in mine or participant's homes, places of business, schools, and other suitable spaces in and around Worcester**. Retreats and trainings will be along the path as well.

I consider closing the studio an **opportunity to GROW** and change business models. The changing times call for creative measures. Many of you have expressed that time is a factor when committing to a regular yoga class at a studio. Some of my fellow yogis asked about hosting small group sessions in their own private space and **I will travel to them**. Some have banded together and sought out a space at work. Others want one on one instruction. **I am there for you... straps, blocks and cushions**.

Thank you so very much for each and every one of you. It is a joy to serve you, practice with you and be a part of your life. Please take the opportunity in the next few weeks to talk to me, Jessica, Jesse, Monica, Colleen, and Emily and stay in touch with us.

All valid class passes, gift certificates and vouchers (these cannot be redeemed for cash value) will be honored until the closing of Sunbird Yoga Studio, LLC. on December 30, 2011. After December 30, 2011 classes cannot be redeemed.

[Sunbird Yoga can be found on Facebook](#) and will continue to be present there for conversations, questions and requests for yoga and meditation instruction. As always you can contact me at Sunbird Yoga via phone at 508-756-5813 and email at yoga@sunbirdyoga . Stay in touch!

OM Shanti Namaste

Sincerely and with love and gratitude,

Lauren Carlotto Perry
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